

Assignment

Subject: - English

Class:-V

Teacher:-Mrs. Apurva

Name:-\_\_\_\_\_

Class &amp; Sec.:-\_\_\_\_\_

Roll No.:-\_\_\_\_\_

Date:-

### **Paragraph Writing:- Morning Walk**

**Morning walk is the best form of exercise. It costs nothing. It is very useful for our health. It refreshes our mind. It strengthens our body. It prolongs our life. It saves us from many diseases. It is equally good for the young and the old. Morning walk keeps us fresh for the whole day. It develops in us the habit of rising early. It awakens in us love for nature. The dewdrops, the fresh flowers, the chirping birds and the rustling leaves charm our mind. Thus morning walk is useful not only for our body but for our mind and soul also.**